

DISCOVER HOMEOPATHY SAFER MEDICINE FOR THE WHOLE FAMILY

Conventional medicine excels in handling medical emergencies and trauma. But in chronic disease, the effect of many drugs is to lower the body's resistance. Evidence of this is sometimes felt as lowered energy, more frequent illnesses or vague symptoms like poor digestion, sleeplessness, wandering pains, mental fog or a general feeling of being "unwell". When homeopathy is used in the treatment of chronic disease, improvement of symptoms is accompanied by a feeling of well-being and increased energy.

As a homeopathic physician, I have found that no two patients have exactly the same symptoms for the same illness. Therefore, each of my patients receives specific and individualized treatment. Optimal healing relies on proper nutrition, exercise and healthy lifestyle choices.

What is Homeopathy?

Homeopathy is a system of medicine that uses minute doses of natural substances to assist the body in healing itself. Each medicine has unique characteristics that are matched to an individual to stimulate the immune system to throw off disease. Homeopathic remedies are made according to strict guidelines by homeopathic pharmacies. They are primarily made from plants and to a lesser extent from mineral or animal substances that are diluted and shaken many times. Scientists believe it is the process of being diluted and shaken which releases the curative properties inherent in the substances.

Homeopathic remedies do not cause side effects although there may be a temporary aggravation of symptoms or a brief return of old symptoms. Another advantage of homeopathic treatment is that illnesses occur less often and there is an overall improvement in the immune system. The goal of treatment is not simply the elimination of the original complaint but to bring the entire person into balance.

It is not enough to simply live long, we must live well.